

Daily Routine

Children feel settled and thrive in an environment that is familiar and secure, and an important aspect of creating this feeling is the familiarity of a daily routine. A day at Shooting Stars flows from 7:30am until 6pm with a blend of child-led exploration and adult-guided learning, indoor and outdoor play, small/large group activities and individual focused activities to create a well-balanced learning experience.

A typical day at Shooting Stars

07:30 A.M session begins* | Arrival | Self-registration
Hygiene | Breakfast | Child-led free play

07:45 Circle time | Group focus | Music & movement
Adult-guided activities | Sleep time (if required)

10:00 Hygiene | Rolling snack

10:30 Outdoor play | Physical activity

11:30 Hygiene | Lunch

12:15 Rhyme & story time | Child-led free play

13:00 P.M session begins* | Hygiene
Child-led free play | Sleep time (if required)

14:00 Circle time | Group focus | Singing | Relaxation
Outdoor play | Physical activity

15:30 Hygiene | Tea time

16:00 Adult-guided activities | Child-led free play

18:00 Nursery day comes to a close*

*Session times are A.M 08:00 - 13:00 (07:30 start must be pre-booked) / P.M 13:00 - 18:00 / Full day 07:30 - 18:00. Parents can drop off and collect their child at any time during their booked session. Please ensure you don't arrive too early for your child's session or too late to collect them due to strict child:staff ratios.



SHOOTING STARS
NURSERIES



Nursery essentials

Each child is allocated a named peg and tray for their belongings at nursery. You are welcome to store a set of seasonal items at nursery for ease (one less thing to remember!)

A bag containing:

- Prescription medication to be signed in at reception
- At least 2 changes of clothes (more if toilet training), including pants and socks
- Wipes, nappy cream and nappies (at least 5 for full day / 3 for half day)
- Seasonal coat/jacket
- Wellies (all year)
- Hat, gloves and scarf (autumn/winter months)
- Sun hat and unopened sun cream (spring/summer months) of at least SPF 30+ and 4 Star UVA protection.
- Comforter, if required

All food, snacks, drinks and toys are provided by nursery so please leave these at home. Remember to dress your child in comfortable clothes that you don't mind getting wet or dirty. We encourage children to wear aprons for art, messy and wet play but sometimes they get there before we do!



Time to sleep

Many children of nursery age need sleep during the day to rest, refresh and recharge. The amount of daytime sleep needed tends to decrease with age but every child is different. We continue established home sleep routines at nursery as far as possible and will keep you updated as to how your child's natural nursery sleep pattern evolves as they grow.



A rounded educational experience

The seven areas of learning of the EYFS framework (revised in 2021) are the foundations on which we build our curriculum.

This structure enables our practitioners to plan a balanced, varied day full of awe and wonder, whilst ensuring good educational coverage of the EYFS.

All areas are considered important and interconnected to ensure a rounded educational experience. Three prime areas are particularly important for building a foundation for learning, forming relationships and thriving:



Communication & Language



Physical Development



Personal, Social & Emotional Development

11:30

Through our planning and curriculum delivery, we encourage each child to develop a variety of skills which will help them to develop strong foundations on which to build upon at Primary School and beyond.

12:15

Enabling environments

Our nursery environments are visually appealing, uncluttered, calm and functional. Our rooms are well lit, decorated in neutral tones, and well organised so that children can choose what they would like to play with without sensory overwhelm and clutter. In order to increase engagement, each base room is carefully planned to create defined accessible zones or spaces for different types of play and learning to take place. Our zones offer children familiarity and consistency, as they can easily locate and access resources for themselves (and tidy them away!), which empowers them and helps to support their developing independence. Resources are moveable between zones, giving children the flexibility to transport and combine resources from multiple areas to develop their play as they choose. Resources can then be returned to their 'home', ready to be played with again.



The zones and the way they are resourced ensure that the seven areas of learning within the EYFS are reflected in the provision so that children can access a wide variety of learning opportunities throughout each day. Each base room environment is different, but typically contains a broad selection of the following zones:

- Loose parts & natural materials
- Sensory
- Water & sand
- Messy & malleable
- Creative / mark-making
- Musical
- Small world & construction
- Role play / home corner



- Physical play & climbing
- Cosy area / quiet space
- Carpet area / gathering space
- Reading & literacy
- Maths & numeracy
- Scientific investigation
- ITC
- Snack & water station



We also support the children in four specific areas, through which the three prime areas are strengthened and applied. The specific areas are:



Literacy



Mathematics



Understanding the World



Expressive Art & Design